

FIBROBLAST

What is Fibroblast?

It's a safe, painless non-surgical skin tightening treatment that can be used on many areas of the face and body to remove wrinkles and excess skin, leaving the area with smoother, rejuvenated, and more beautiful skin.

The revolutionary procedure has been widely available in Europe, but has only recently arrived in the United States.

Treatment results are often compared to surgical results, yet the procedure is non-surgical, requires no downtime, and carries none of the risks associated with surgery.

Results are permanent and natural, though it will not stop the aging process. Depending on the severity of your condition and your treatment goals, you may require more than one treatment, but most patients do not require more than two treatments. If additional treatments are necessary, they will be done at least eight weeks apart.

FIBROBLAST

What are the benefits?

In the past, fillers or surgery were the most popular options for treating these concerns, but with the Fibroblast pen, patients are given another option that is more permanent than fillers, but less invasive than surgery.

Non -Surgical

Painless

Fast

Minimal Downtime

Less Expensive than Surgery

No anesthesia

Permanent

Tightens Skin

FIBROBLAST

What areas can be treated?

Fibroblast Skin tightening can be performed on nearly any part of the body to rejuvenate skin by addressing photo aging, wrinkles, facial lines, scars, loose skin, hyper pigmentation.

What can the plasma tightening treat:

Eyelid Tightening (including lower eyelids and excess upper eyelid skin)

lifting of the midface

Lifting of the neck

Neck lines, Jowls and neck tightening

Reduction of loose skin on: knees, hands, elbows

Lines and wrinkles around the mouth

Belly loose skin reduction, Tightening loose stomach skin after pregnancy

Removal of all kinds of wrinkles: upper lip wrinkles, reducing smile lines

nasolabial lines (smile lines)

marionette lines

crow's feet

FIBROBLAST

How long does this last?

As Fibroblast is more than a simple tightening treatment the effects should last as long as they would with invasive surgery. Like all surgical and cosmetic procedures, the effects of fibroblast are not entirely permanent as it **does not stop any further ageing**. However, the results you get should last you for many years.

The positive effects of treatment will be noticeable immediately after the first treatment, and continuing over 4 weeks.

Additionally, there are lifestyle factors that can prevent the result from lasting as long as they can, such as smoking, alcohol consumption, and prolonged sun exposure.

FIBROBLAST

Who shouldn't get this done ?

If you are pregnant or breastfeeding

If you have diabetes and healing disorders

Metal plates, pins or other implants

Cardio-vascular deficiencies including severe
uncontrolled blood pressure

Pacemaker or any other medical device with an electrical
current

Current or recent hemorrhage

Malignancy and chemotherapy in the past 3 years

If you are prone to keloid scars

If you suffer from auto-immune disease or other illnesses
which affect the immune system

Pigmentation disorders or are Fitz 5 & 6

*Always talk to us if you have any concerns before a
procedure.

FIBROBLAST

What should I expect after?

Fibroblast procedure has been shown to be a safe non-invasive procedure when done by a fully certified technician. However, as with most cosmetic procedures, patients are likely to experience some minor side effects in the first five to ten days after treatment.

There will be some tiny brown marks in the treatment area. This is the result of scabbing and will flake away over a week or so, exposing a pink layer of healthy new skin. Some patients will also experience three to five days of swelling, especially with eyelid treatment. There is no damage to surrounding areas or deeper skin layers. To avoid sides effects, follow the aftercare instruction given to you prior to your treatment.



FIBROBLAST

Does it hurt?

Fibroblast is mildly to moderately uncomfortable. Everyone's pain level is different and some areas of the body are more sensitive than others. Numbing cream is helpful in reducing the discomfort during treatment.

 **PRIVÉ**
- ACADEMY -

Facial lifting by:
Shariyah Scalise
Proud brow
Sonoma, California, US
PRIVÉ Tightening specialist



/ Before the treatment / / Right after the treatment /

FIBROBLAST-SKIN TIGHTENING /Facial lifting/

FIBROBLAST

Is there downtime?

Yes and No. Downtime is very subjective. If you are comparing it to cosmetic surgery, then no, the downtime is minimal.

Redness, swelling and scabbing in the treatment area average of 8 days downtime on the face and neck areas average of 10 to 14 days on the body, depending on the area being treated and the intensity of the treatment

Swelling usually begins the day following your treatment, and peaks around day 3

After day 3, swelling subsides and scabs form. Scabs normally begin to fall off around day 6 and 7 (for face and neck)

Please be aware that the days indicated are simply guidelines for average healing time. Healing time and results may be negatively compromised by not following the after care protocol: no drinking alcohol, no smoking and no picking/scrubbing. If your health is compromised in any way, this can also extend your healing time and negatively affect your results.

FIBROBLAST

Pre Treatment Instructions

Avoid any kind of tanning 2-4 weeks before. Ideally you should prep skin with spf50 for 2-4 weeks especially if you are dark skinned.

Avoid any kind of treatment on the same treatment area:

- No Facial Acids 21 days before
- No botox or filler 21 days before
- No Laser or Peels 90 days before
- Must wait 9 months after a surgical procedure has been done to desired treatment area



Aftercare

- * Keep treated area CLEAN and DRY
- * No shower, no water (H₂O) on area for 24 hours, it must scab over.
- * Do not use make-up at all, it is not sterile and may cause infection.
- * Never put bandages/covers on the treated area.
 - * Heat sensation (feels like sunburn) will soon diminish – it is normal.
- * Upper eyelids WILL swell and it can look scary, it's NORMAL.
- * Eye area – swelling on day 2-3 is the worst, it subsides day 4-5.
- * Ice packs help, but never put wetness directly on the skin; use a cloth.
- * No other part of skin should have severe swelling, if so, call your tech.
- * Avoid alcohol based cleansers, scrubs or creams.
 - * Avoid the gym, saunas, swimming pools or sweating for 5 days.
- * Be prepared to deal with the brown carbon crust, tiny scabs forming.

Aftercare

- * Your skin may itch while healing, tap lightly if needed - do not scratch!
- * DO NOT PICK at the dots/scabs or you will ruin your results. Please.
- * Think of the new baby skin that is being protected underneath dots.
- * Brown carbon crust dots will fall off naturally by day 7-10, stay calm.
- * It is extremely important not to judge anything just yet, you're healing.
- * Please use your aftercare products. Drink plenty of water.
- * Avoid prolonged sun exposure for 3 months, wear sunblock (SPF 50)
- * Let heal for 2 weeks, if still discolored; you may start a Vitamin C cream.

Aftercare

The phases of healing take time:

Day 1-3: Skin is releasing histamines, swelling may occur.

Day 4-6: Inflammatory response, Fibro-BLAST multiply to rejuvenate skin.

Day 7-28: Regenerative phase also called Proliferative.

Week 6-8: Collagen is changing from Type III to Type I which is the type that has tensile strength (tighter), this is the Remodeling or Rebuilding that continues for several weeks.

8-12 week post treatment appointment required