

What to expect after your Fibroblast Skin Tightening procedure and aftercare

The Fibroblast Skin Tightening procedure produces side-effects. The intensity and duration of your side effects depends on the treatment aggressiveness, treatment area and your individual healing characteristics. Generally, patients who are treated more aggressively experience more intense side-effects that can last longer. Notify your technician if your side-effects become a problem for you.

Swelling: You will notice most of the swelling on the morning after your treatment, particularly around the eyes. Swelling usually lasts 2-3 days however, it can last up to 3 weeks, depending on the intensity of the treatment and the healing ability of the patient. To minimize swelling, do the following:

Apply cold compresses up to 4 times the first hour after treatment. This will relieve inflammation and excess heat.

Please consult with your doctor about taking an Aspirin or anti-inflammatory to help with residual pain or swelling in the treated area.

Sleep elevated the first night.

Redness: Most redness resolves 7-10 days after treatment. A “rosy” glow can remain for several weeks after the treatment, again, depending on your healing ability, age, medications, metabolism, etc.

Dry Skin: Your skin may feel dry, peel, or flake. You may notice a “sand paper” texture a few days after treatment. This is treated tissue working its way out of your body as new, fresh skin is regenerated.

Bronzing, Crusting and Small Dark Spots: A Fibroblast treatment causes destruction to microscopic cylinders of skin which then exfoliate during the healing process. Fibroblast can make the skin look bronzed or small, circular carbon crusts will appear **(DO NOT PICK, SCRATCH OR REMOVE)**. Scratching or rubbing off any carbon deposits may result in hypo-pigmentation of the skin that may not be able to be reversed, as well as scarring. Please refrain from all scratching, rubbing and picking and treatment areas.

Aftercare is EXTREMELY important to achieve your desired results. An aftercare kit will be provided. It is of the utmost importance to follow this aftercare.

We recommend no makeup during the healing process over the carbon crusts. If you must wear makeup, a new container of mineral makeup is best.

When you leave your appointment, you must protect the treatment area from the sun. A big hat, glasses or umbrella can be used. No sunscreen can be used until the carbon crusts have fallen off.

Upon arriving at home, use the cold compresses if needed.

Keep treated area dry for 24 hours. After this, you may wash with a gentle cleanser. I recommend Cetaphil. Splash face to dampen, create suds on your finger tips (clean hands) with the cleanser and dab the cleanser into the treated area, Do not rub back and forth over the treated area or use a cloth, sponge or the like. Splash the area to rinse and gently dab the skin to dry, carefully, not removing any carbon crusts.

Do not use ointment until after 48 hours. Apply at least 3 times a day. Very light amount.

Once the carbon crusts have fallen off, you can begin using your daily cleanser and moisturizer (nothing harsh and no scrubs for 2 weeks).

A spf 50 sunscreen is extremely important at this time in the healing process. You must wear sunscreen if you are going to be outdoors. Apply every 2 hours. Be diligent with your sunscreen and protecting the treatment area. Use sunscreen for a minimum of 6 weeks post procedure and avoid tanning beds.

Retin A and bleaching creams can resume 6 weeks after treatment.

View next page for pharmaceutical grade products I recommend:

Items can be purchased:

<https://glymedplus.com/store/cristalwalkerbeauty>

alt link: <https://glymedplus.com/launch/0024513>

Glymed Product

Mega-Purifying Cleanser

While you have the dots/scabs on your skin, use a pea size amount mixed with water.. use mixture super gently over skin then splash with water and pat dry. Use nightly starting the 2nd night after treatment (48 hours after treatment).

Restoring Fulvic Elixir Age Management Serum

Fulvic acid is a critical nutrient and one of the most powerful antioxidants for skin health. Known for its antibacterial, antifungal, antiviral, and anti-inflammatory properties. Easily absorbed into the skin, targeting the most challenging conditions such as aging skin, irritations, and acne while stimulating healing to restore a younger looking skin. Use morning and night once scabs form (72 hours after treatment).

Stem Cell Power Serum Cell Science Serum

This multi-tasking power serum helps to slow the aging process, lift and firm sagging skin and brighten discoloration! Clinically proven plant cell culture, Apple resets aging skin at the cellular level. Stem Cell Power Serum also contains four powerful amino peptides to help stimulate new cell growth and reprogram aging skin fibroblasts to increase collagen production. Use once all scabs/dots have fallen off (morning and night).

CBD-Micro Silver Hydrotherapy Masque

This luxurious, deep-hydration masque is fortified with CBD and Micro Silver and has a multitude of benefits. Micro Silver helps to support the skin's natural flora to reduce bacteria and aid in healing, while moisturizing Collagen instantly plumps and balances dehydrated skin.

CBD-b3 Facial Mist

Infused with CBD and Vitamin B3, this mist is used to assist in balancing freshly cleansed skin for a radiant complexion. Vitamin B3 has been known to soothe irritation, reduce the appearance of redness, and improve overall skin tone. It is ideal for setting makeup or as a quick refresher throughout the day.

CBD-b3 Age Delay Facial Dew

Nourish the skin with a premier blend of CBD, Vitamin B3, and peptides to instantly enhance the skin's natural glow. Vitamin B3 and super-peptides work to firm and tighten the skin to reduce the appearance of fine lines and wrinkles, while moisture-rich botanicals boost hydration.